

HEFC

Heron

Emergency Food Centre



1480 Heron Road 1st floor

Ottawa ON K1V 6A5

613-737-9090

## HERON EMERGENCY FOOD CENTRE



**HEFC offers a helping hand to the South East Ottawa Community.**

**Heron Road Community Centre Building  
1480 Heron Road, 1st Floor  
613-737-9090 [hefc-info@rogers.com](mailto:hefc-info@rogers.com)**

### Hours of Operation

**Tuesday 1:30 - 3:30 pm**

**Wednesday 6:00 - 8:00 pm**

**Thursday 1:30 - 3:30 pm**

**Friday 9:30 - 11:30 am**

**COVID-19 Pandemic safety protocols.**



**Masks and social distancing are required to protect all visitors and staff.**